

NEW CIRCUITS

YOURS TO
DISCOVER
IN SAGUENAY



**SAG
UE
NAY**



© Mathieu Dupuis



© Voile Mercator

VIP ACTIVITIES PRE AND POST-CONVENTION TOUR CIRCUITS

With a variety of convenient package deals, it's never been easier to prolong your stay and discover the most beautiful places that Saguenay-Lac-Saint-Jean has to offer no matter the season!

THE SAGUENAY FJORD

Discover the villages that skirt along the Saguenay Fjord, the breathtaking viewpoints, the regional products and the charm of the local residents. Some of these villages have even earned the title of the most beautiful villages in Québec. This package combines culture, local products and outdoor activities. A cruise on the Fjord, kayaking, Via Ferrata, Fjord high ropes; the choice is yours!

THE MONTS VALIN

Fall in love with the beauty of the Parc National des Monts-Valin during the winter and admire the trees draped in their white coats in the Vallée des Fantômes. After a snowshoeing excursion, put up your feet and relax in the Nordic baths of L'Éternel Spa. You'll also have the chance to try your hand at dogsledding or ice fishing. This is what's offered in our winter getaway package.

THE LAC-SAINTE-JEAN REGION

Visit the villages that surround the Lac Saint-Jean and their magnificent landscapes. This package offers a host of activities: Zoo Sauvage de Saint-Félicien and its many animals, the Village Historique de Val-Jalbert and its famous waterfalls, the Fromagerie Perron and the Microbrasserie du Lac-Saint-Jean.

VIP ACTIVITIES

Looking for a unique and extraordinary experience? We offer excursions that will let you live life to the fullest!

- Fly over the Fjord by helicopter or seaplane and enjoy a countryside picnic in pristine locations
- Sailing excursion on the Saguenay Fjord
- Dine with the caribou at the Zoo Sauvage de Saint-Félicien



© Paul Cimon



© Paul Cimon

LOCAL PRODUCTS CIRCUIT

The ideal circuit for discovering the best local Saguenay products. Producers welcome their guests with open arms and offer a delectable dining experience. Infuse your day with flavor!

- 9:30 a.m. Departure from the hotel
- 10 a.m. Visit the Fromagerie Boivin: tasting of their products, including their famous cheese curd that "squeaks" with every bite
- 11 a.m. Departure to a regional microbrewery: visit and beer tasting
- 12 p.m. Lunch served on-site
- 1 p.m. Departure towards Fromagerie Blackburn: visit and handmade cheese tasting
- 2:30 p.m. Departure towards Domaine le Cageot, artisanal producer of alcoholic beverages made from field berries and renowned vineyard: visit and tasting
- 4 p.m. Return to the hotel

Half-day circuit also available.

ARTISANS CIRCUIT

Meet the devout artisans who will impress with their talents, ingenuity and creativity. You'll surely find a treasure or two to bring back as a souvenir or gift.

- 9:30 a.m. Departure from the hotel
- 10 a.m. Visit the glass creations at the Touverre - Économusée glassblowing museum workshop: meet the artist Giuseppe Benedetto and discover his shop
- 11 a.m. Visit the Savonnerie Chèvre-Feuille: artisanal soap made with fresh goat's milk and pure vegetable oil
- 12 p.m. Lunch at the Port Village
- 1:30 p.m. Departure towards Le Chevrier du Nord - Économusée de la Lainerie: workshop museum for all stages of raising angora goats and designer clothing
- 3 p.m. Return to the hotel

Half-day circuit also available.

We can also organize a "local products & artisans" circuit to meet the artisans and please your taste buds. Contact us for more information.



© Paul Cimon

ARTISANS CIRCUIT OF BOUTIQUES TOUR

The perfect circuit to uncover unique products manufactured by Québec artisans and designers. Besides meeting the skilled artisans in their workshops, you'll also visit the most beautiful shops that our city centers have to offer.

- 9 a.m. Departure from the hotel
- 9:30 a.m. Visit the glass creations at the Touverre - Économusée glassblowing museum workshop: meet the artist Giuseppe Benedetto and discover his shop
- 10:30 a.m. Shopping at the Port Village: Les Fantaisies de Marie (unique creations, jewelry and clothing), Savonnerie Chèvre-Feuille (artisanal soap made from goat's milk), O' Gelato & Cocoa (the best gelato in town), Workshop-boutique À Moi de Moi (silkscreening), Magasin Général du Quai (general store) (delicatessen, pastry shop, boutique)
- 11:30 a.m. Departure towards downtown Chicoutimi
- 12 p.m. Lunch at Café du Presbytère, in the heart of the Basin's historical district
- 1 p.m. Departure towards Le Chevrier du Nord - Économusée de la Lainerie: workshop museum for all stages of raising goats angora and even designer clothing
- 2:45 p.m. Departure towards downtown Chicoutimi: stop at the Twist boutique with creations from almost sixty different artists and Québec designers
- 3 p.m. Return to the hotel



© Laurent Sylvain

GUIDED TOUR OF SAGUENAY

To discover the city, its beauty, attractions and history, accompanied by a knowledgeable tourist guide, embark on a guided tour today!

- 9 a.m. Departure from the hotel to explore the borough of Chicoutimi, which includes the downtown and cultural areas
- 10:30 a.m. Stop at the Pulperie de Chicoutimi - Regional Museum: a variety of cultural and historical expositions. Visit the house of Arthur Villeneuve, this painter/barber who painted the his house with mural paintings
- 12 p.m. Lunch
- 1 p.m. Visit downtown Jonquière and the Arvida /company town area
- 2:30 p.m. Visit the borough of La Baie, which includes the Port village, the international cruise ships' docking wharf and a magnificent view of the fjord
- 4 p.m. Return to the hotel

Half-day circuit also available.



© Alain Dumas

CRUISE ON THE SAGUENAY FJORD

Experience the Saguenay fjord as never before on board a comfortable ship. The monumental natural landscape will leave you in awe.

- 10:15 a.m. Departure from the hotel for boarding in Sainte-Rose-du-Nord, one of the villages awarded the label of the most beautiful villages in Québec
- 11 a.m. Boarding on one of the vessels offered by Croisières du Fjord
- 11:15 a.m. Cruise on the magnificent Saguenay fjord: breathtaking landscapes dappled with steep cliffs and capes, Cape Trinity and the Notre-Dame-du-Saguenay statue
- 12 p.m. Lunch and stopover in L'Anse-Saint-Jean, a village that bears the title of the most beautiful villages in Québec
- 4 p.m. End of the cruise and return to the hotel



© Zoo sauvage de Saint-Félicien

TOURING LAC-SAINT-JEAN

After visiting Saguenay, discover Lac-Saint-Jean and the must-see attractions available in the region during your stay.

- 9 a.m. Departure from the hotel
- 10:15 a.m. Visit the **Village Historique de Val-Jalbert**: a host of colorful characters in a genuine company town with forty or so original period buildings, a waterfall higher than Niagara falls and a cable car that offers breathtaking panoramic views
- 11:30 Departure towards **Zoo Sauvage de Saint-Félicien** and lunch served on-site
- 1 p.m. Visit at the zoo: short film on the Boreal forest, feeding the animals and train ride along the natural woodland trails
- 3:30 p.m. Stop at the **Fromagerie Perron de Saint-Prime** for a cheese tasting of their finest cheddar
- 4:15 p.m. Return to the hotel



© Boran Richard



© Bruno Gauthier

ADOPT HEALTHY HABITS DURING YOUR EVENT



A FEW INSPIRATIONAL IDEAS

ACTIVE HEALTH BREAKS

YOGA, WORK-OUT, WARM-UP SESSIONS

During the break, a qualified trainer will instruct your group and get them moving. Even 10 minutes will have beneficial effects throughout the day: increased concentration, feeling of well-being and preventing ailments caused from sitting.

ORGANIZE AN ATHLETIC ACTIVITY

Hiking or cycling excursion, snowshoeing, Via Ferrata, sea kayaking, zipline between the trees, etc. The possibilities are endless! Organize an athletic activity by visiting one of our tourist attractions. We can help to plan your activity down to the last detail.

EAT HEALTHY!

The area is renowned for its blueberries, rich in antioxidants! Add some to a smoothie during your break. Ask your hosts for more healthy choice ideas!

CONTACT US FOR MORE IDEAS AND THE COMPLETE LIST OF AVAILABLE RESOURCES IN SAGUENAY.



A CITY - A FJORD

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